

Does your student need school vaccinations?

Vaccinations and answers are available for all district families at the first ever Teens, Tweens & Parents Health Fair at Evergreen Middle School (7621 Beverly Lane in Everett) on Saturday, Feb. 19, 2011, from 10 a.m. to 4 p.m.

The fair is designed especially to help families and students get ready for middle school when student health needs change and when immunizations must be updated.

The day's **Immunization Clinic**, is sponsored by the **Snohomish Health District Vaccine Preventable Disease Program**, with the additional support of the RN nursing program at Lake Washington Technical College. The cost is just \$15 with the possibility of fee adjustments for families with financial need.

What vaccines will be available?

Vaccines available at the fair are those most commonly required for school attendance and recommended by the Centers for Disease Control (CDC).

TDaP: This "booster" is required for students entering grades six through 10 and recommended for grades 11 and 12 (11 years old and up). It covers tetanus, diphtheria and also pertussis (whooping cough). This vaccine is particularly important because of regional whooping cough outbreaks in Washington this year.

Varicella Vaccine: One dose is required for students in sixth grade, and a second dose is recommended by the CDC. It protects against chickenpox, a viral infection with an itchy, scarring rash, and the possibility of pneumonia.

Hepatitis A Vaccine: CDC recommends a two-dose series to protect against the Hepatitis A virus that can infect the liver.

Meningococcal Vaccine: CDC recommends a two-dose series to protect against one type of bacterial meningitis, an infection of the fluid surrounding the brain which is more common in young people.

Influenza Vaccine: The flu season has just begun. Flu vaccine is recommended by the CDC for all young people annually to protect against this potential cause of pneumonia. Two versions of the vaccine are available and will be administered based upon each student's medical history. Both types will be available on Feb. 19.

HPV Vaccine: This three-dose series is recommended by the CDC to protect against the most common types of human papillomavirus. The viruses covered by this vaccine have been associated with most of the world's cervical cancers and genital warts. These viruses are also common,

infecting an estimated 25 percent of adolescent girls. The vaccine has been approved for both boys and girls from ages 9 to 26 and is most effective if administered before any risk of exposure.

How do I sign up for the vaccines for my child?

Please sign and return this form to your child's school office by Jan. 28. Paper forms are also available at every elementary school office throughout the district.

Do I need to come to the fair with my child for vaccinations?

Yes, students must be between 10 and 19 years old and be with their legal parent or guardian to receive the vaccinations. You should also bring vaccination records with you and plan to pay with cash or check or Provider One coverage.

If I begin a series of shots at this clinic, where can I get the next ones?

Health District clinics in Everett or Lynnwood or with your health care provider.

Where can I learn more about the vaccines or talk to someone?

Vaccine information is on the [CDC website](#). You can also visit with a nurse at the health fair.

Please complete and return the form below to your school's office **by Jan. 28** if you would like to have your child's vaccinations updated at the health fair. This will allow us to ensure sufficient vaccine for all interested families.

I would like to have my child, _____, receive the following vaccines at the immunization clinic offered on Feb. 19, 2011 at Evergreen Middle School. I realize that I **must attend with my child** and bring a copy of their vaccine record and the appropriate payment in order to receive services (please check all vaccines of interest):

_____ **TDaP**

_____ **Varicella**

_____ **Hepatitis A**

_____ **HPV**

_____ **Influenza**

_____ **Meningococcal**

Parent signature _____